

**STEP 1: Open Inhaler**



Hold inhaler straight up, with the colored portion (the base) on the bottom. It is important that you remove the cap of the TWISTHALER® while it is in this upright position to make sure you get the right amount of medicine with each dose.



Holding the colored base, twist the cap in a counter-clockwise direction to remove it. As you lift off the cap, the dose counter on the base will count down by one. Removing the cap loads the TWISTHALER® with the medicine that you are now ready to inhale.



When you remove the cap it is important to note that the indented arrow on the white portion of the inhaler is pointing to the dose counter.

**STEP 2: Inhale Dose**



Start by asking your child to breathe out fully. Then, bring the TWISTHALER® up to your child's mouth, with the mouthpiece facing towards your child.



Place the mouthpiece in your child's mouth, holding it in a horizontal position. Ask your child to firmly close their lips around the mouthpiece and take a fast, deep breath. **Do not cover the ventilation holes while your child is inhaling.**



Remove the TWISTHALER® from your child's mouth and ask them to hold their breath for approximately 10 seconds — or as long as they comfortably can. **Do not breathe into the inhaler.**



Your child should rinse their mouth after using the ASMANEX® TWISTHALER®.



After your child has used the inhaler, wipe the mouthpiece dry, if needed, then replace the cap, firmly closing the TWISTHALER® right away.



Put the cap back on to the inhaler and turn it in a clockwise direction as you gently press down. You'll hear a "click" to let you know that the cap is fully closed. This is the only way to be sure that your next dose is loaded the right way. Indented arrow should line up with dose counter.

**More helpful tips...**



**Do NOT** hold the inhaler at an angle while inhaling — **it must be horizontal.**



**Do NOT** exhale into the inhaler.



*Talk to your health care provider if you are unsure about letting your child administer ASMANEX® TWISTHALER® on their own.*

For complete details, please see **Patient Instructions for Use** enclosed or at [asmanex.com](http://asmanex.com).

## Important Safety Information

ASMANEX® TWISTHALER® (mometasone furoate inhalation powder) is not a rescue inhaler and should not be used to treat sudden asthma symptoms. Use a rescue inhaler to relieve sudden asthma symptoms.

ASMANEX® should not be used to treat acute asthma episodes (including status asthmaticus) where extra measures are required.

ASMANEX® is not for patients who have a hypersensitivity (including allergic reactions) to mometasone or any of the ingredients in ASMANEX®. There have been cases of hypersensitivity, allergic reactions, facial swelling, hives, and throat tightness reported.

Patients who use inhaled steroid medicines for asthma may develop a fungal infection of the mouth and throat. Rinse your mouth after using ASMANEX®.

It is possible that hypercorticism (an excess level of steroids in your body) or adrenal insufficiency (your adrenal gland cannot produce enough steroids) may appear in a small number of patients particularly when ASMANEX® is administered at higher than recommended doses over prolonged periods of time. If such effects occur, consult your health care provider as the dosage of ASMANEX® should be reduced slowly.

If you or your child took steroids by mouth and are having them decreased or are being switched to ASMANEX®, you should be followed closely by your health care provider and the oral steroids should be reduced slowly. Deaths due to adrenal insufficiency have occurred during and after switching from oral steroids to inhaled steroids. Tell your health care provider right away about any symptoms such as feeling tired or exhausted, weakness, nausea, vomiting or symptoms of low blood pressure (such as dizziness or faintness). If you or your child is under stress, such as with surgery, after surgery or trauma, you may need steroids by mouth again.

Avoid coming in contact with measles, chicken pox virus, tuberculosis, or any other infections before or while using ASMANEX®. Contact your health care provider immediately if you or your child have been exposed.

Patients who use inhaled steroids, including ASMANEX®, for a long time may have an increased risk of decreased bone mass, which can affect bone strength. Patients who are at increased risk of decreased bone mass should be monitored.

Inhaled steroids, including ASMANEX®, may cause a reduction in growth velocity when administered to pediatric patients. The long-term effect on final adult height is unknown. Health care providers should closely follow the growth of children and adolescents taking corticosteroids by any route, and reduce each patient's dose to the lowest dose that effectively controls his/her symptoms.

ASMANEX® may increase the risk of some eye problems such as cataracts, glaucoma, and increased intraocular pressure. Patients with a change in vision or a history of eye problems should be monitored by their health care provider.

Use ASMANEX® as directed by your health care provider, since its ability to work in your lungs depends on regular use. Maximum benefit may take 1 to 2 weeks or longer. If your asthma symptoms do not improve, or get worse, contact your health care provider.

The most common side effects with ASMANEX® in patients 4-11 years old include: fever, allergic rhinitis, abdominal pain, vomiting, urinary tract infection, and bruise.

Please see accompanying additional important product information.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.



Patients who are having difficulty affording Schering-Plough medications can call the Schering-Plough Cares Patient Assistance Program at 1-800-656-9485 to see if they qualify for assistance. Or visit [www.pparx.org](http://www.pparx.org) for additional information.

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# HOW TO USE **Asmanex®** *Twisthaler® 110 mcg* (mometasone furoate inhalation powder)

A guide for parents of children aged 4 to 11 with asthma

Please read the enclosed important product information before giving ASMANEX® to your child. If you have questions, talk to your health care provider or pharmacist. This sheet is designed to provide you with helpful step-by-step instructions with photos, but it does not replace the detailed Patient's Instructions for Use enclosed.

## Important points to remember about using ASMANEX® TWISTHALER®:

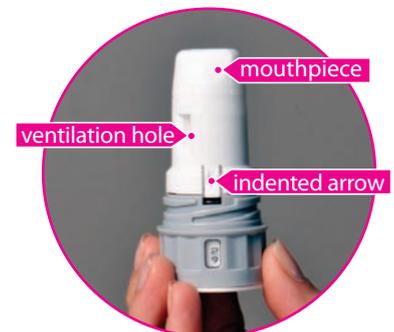
- ASMANEX® is approved for the maintenance treatment of asthma for children aged 4 to 11. ASMANEX® will not relieve sudden asthma symptoms and is not for children under the age of 4.
- Give your child ASMANEX® TWISTHALER® once a day in the evening, as directed by your child's health care provider.
- **The inhaler delivers medicine as a very fine powder that your child may not taste, smell or feel.** Do not take or give extra doses unless your health care provider has told you to.
- When you first remove the inhaler from its foil pouch, write the date on the cap label. Throw away the inhaler 45 days after this date OR when the dose counter reads "00" which means the final dose has been inhaled — whichever comes first.
- It is important to replace the cap after each inhalation to protect the inhaler from moisture.



This is the ASMANEX® TWISTHALER®



Become familiar with the parts of the inhaler



Here is the product with the cap removed

Please turn over for Important Safety Information.

Open for STEP 1 and STEP 2...